

**‘Very well presented!  
Challenging – not easy.  
Uncomfortable – but inspiring!’**

Patrick, North London

If you would like more details about  
**Church Health Checks** and the costs  
of **The Church Revitalisation Project**  
please contact:

e: [revitalisation@countiesuk.org](mailto:revitalisation@countiesuk.org)

w: [countiesuk.org/counties-church-growth](http://countiesuk.org/counties-church-growth)



# Church Health Checks

Church Revitalisation Project  
is an initiative of



by Growing Churches - a Church Revitalisation Project

## Church Health Check

We all appreciate the importance of a personal health check, an MOT on our car or a review in business to keep us on track. But have we ever considered the benefits of a church 'health check'?

The aim of the Church Health Check is not for an 'outsider' to come and say how church should be done. It is, rather for the Church to benefit from a 'third-party friend' to assist them through a proven process in which they can gain a genuine idea of the strengths and struggles of the church, and what God the Holy Spirit seeks to say to them, aiding growth in church life and mission.

## The health check process

The Church Health Check follows this process, but may be adapted to a specific situation.



The Church leadership team will be asked to complete an **Initial Questionnaire** which requests basic information about the church and their reasons for requesting a Church Health Check and what they hope to gain from it.



A local **adviser** will be assigned and contact the Church Leadership Team and agree dates to meet and conduct the Church Health Check.



Before meeting the Leadership Team, the adviser will seek to carry out an **Unannounced Visit** to the church to gain as genuine first impression as possible and then complete a visit report which will be given to the Leadership Team and discussed, if necessary.



The adviser will have a **Meeting with the Leadership Team** to clarify the Church Health Check process and address any questions/concerns. This will include asking more detailed questions about the way the leadership functions. At this meeting the type of Church Health Check will be decided on – either a health check with just the Leadership Team or with the whole church. From our experience, involving as many of the church, especially key people, is the best way to achieve the most effective results.



**Church Health Check.** This has three components which may be handled in different ways depending on the specific type of health check chosen and the aim of the Church Health Check.

The components are:

- a. **Whole Church Health Check day.** A planned day where the whole church would meet, receive some teaching and go through various exercises together to determine the genuine strengths and struggles of the church.
- b. **Complete Questionnaires.** Anonymous questionnaires, on various aspects of church life, are used for all the congregation (including leaders) to complete on that day.
- c. **Questionnaire for Leaders.** Depending on the type of Church Health Check, this can be an appendix to the main questionnaire or a separate one. The aim is to ask the Leadership Team more in-depth questions about key aspects of church life including leadership, vision, discipleship and church structures.

NB. The Leadership Team will have seen examples of all the questionnaires that are used before the health check day.



**Debrief Meeting with the Leadership Team.** A meeting with the Leadership Team to discuss the responses from the Church Health Check questionnaires, take up some of the key issues that have emerged and form an action plan for the way ahead.



**Final Written report to Leadership Team.** This in many senses should not contain any surprises, as all matters have been discussed in previous meetings.



**Post Church Check.** A Post Check Action Plan is produced in conjunction with the Leadership Team and any agreement about if and how the adviser would continue to work with the leadership is decided.

